



Baby's First Year: The Essential Guide (Paperback)

By Shanta Everington

NEED2KNOW, United Kingdom, 2013. Paperback. Book Condition: New. 205 x 195 mm. Language: English . Brand New Book. Congratulations on your baby's arrival. Now begins the task of learning to become a parent. The early weeks and months with a new baby present a steep learning curve for any new parent. It's normal to find yourself seeking guidance and reassurance. Only you can decide what sort of parent you want to be, but it helps if you know what you are letting yourself in for! This book will guide you through your baby's first year, offering you vital information and support to prepare you for each stage of your baby's development. From handling your newborn and adjusting to parenthood, to soothing a teething baby and tackling weaning, no avenue is left unexplored. You'll find family case studies included in every chapter, so you can benefit other new parents sharing their experiences and tips. Whether you are reading the book while pregnant or have already had your baby, this friendly and useful guide will help you find your feet, trust your instincts and enjoy your new baby. Author: Shanta Everington.



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