



## The New Age: A Guide

By Daren Kemp

Edinburgh University Press. Paperback. Book Condition: new. BRAND NEW, The New Age: A Guide, Daren Kemp, What is New Age? Crystals, meditation and astrology. T'ai Chi, Reiki and Feng Shui. Reflexology, aromatherapy and past-life regression. Esalen, the Findhorn Community and Damanhur. Marianne Williamson, Deepak Chopra and David Spangler. But many such examples of alternative spiritualities are explicitly not New Age -- and few practitioners now describe themselves as New Age. Scholars cannot agree on a definition of New Age, or even whether it exists at all! Daren Kemp surveys the whole range of descriptions of New Age, from a wide variety of angles. New Agers themselves are consulted, as well as their critics in the Churches, the media and other interest groups including rationalists, feminists and Native American Indians. Key Features: \*Illustrated throughout with concrete examples from contemporary spirituality, extensive fieldwork research with New Age groups and communities, and statistical surveys \*New Age is examined from a variety of perspectives with chapters on New Age history, philosophy, anthropology, sociology and psychology \*Approaches are applied in practical examples such as on New Religious Movements, postmodernism and mental health \*Includes an extended survey of academic New Age studies, both published and unpublished,...



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