



## Key Concepts in Counselling and Psychotherapy: A Critical A-Z Guide to Theory

By Vicki Smith, Patrizia Collard, Paula Nicolson, Rowan Bayne

Open University Press. Paperback. Book Condition: new. BRAND NEW, Key Concepts in Counselling and Psychotherapy: A Critical A-Z Guide to Theory, Vicki Smith, Patrizia Collard, Paula Nicolson, Rowan Bayne, "This book provides a very good introduction to the key concepts and theories that inform and frame the current psychotherapeutic and counselling landscape. Each author has written on a selection of basic concepts as they are approached in their preferred therapeutic modality, resulting in an exciting and inclusive overview of both old and contemporary psychotherapeutic thought. In addition, each author is mindful of the importance of a critical appraisal of the various concepts and theories. Thus, this book will be extremely useful both for trainees and practitioners." Dr Anastasios Gaitanidis, Senior Lecturer, University of Roehampton, London, UK "As well as being an invaluable source of knowledge about all aspects of counselling and psychotherapy, this book is a real pleasure to read. The authors have been able to capture the essence of ideas, traditions and key figures in a way that is accessible and a consistent source of delight and illumination. Highly recommended for anyone wishing to expand their psychotherapeutic horizons." John McLeod, Emeritus Professor of Counselling, University of Abertay Dundee, UK...



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