



## Activate or Stagnate: 30 Days to a New You (Paperback)

---

By Gregory Griffith

iUniverse, United States, 2006. Paperback. Book Condition: New. 223 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Activate or Stagnate: 30 Days to a New You is a book that walks you through 30 days of introspection, self discovery, and self motivation. Each day offers you a powerful thought that you can use to center and focus upon as you build a day of committed action. KEVIN K. ROSS Author, inspirational speaker, Creator of the Designer Life Coaching System and ordained minister. It is my delight to recommend this great book written by Gregory Griffith. Gregory is an energetic, inspirational speaker, entertainer, and author who delivers a power packed presentation with excellent content. His unique creative style will inspire you to a higher level of success. If you need a daily lift, Activate or Stagnate: 30 Days to a New You is just the dose of motivation that will give you your daily jumpstart. DR. M. TINA DUPREE, THE CHICKEN LADY President Motivational Training Center, Founder, Professional Speakers Network, Inc. Past President, Florida Speakers Association 2001-2005 Chapter Liaison representing the Florida Chapters to the National Speakers Association Gregory Griffith is a brilliant, creative and...



**READ ONLINE**  
[ 8.61 MB ]

### Reviews

*The ebook is great and fantastic. We have read and i also am sure that i am going to likely to go through once again again down the road. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- Erica Turcotte

*It is really an awesome ebook which i have ever go through. It is actually writter in straightforward terms and not confusing. I am very easily could get a satisfaction of reading a written ebook.*

-- Clotilde Wiegand