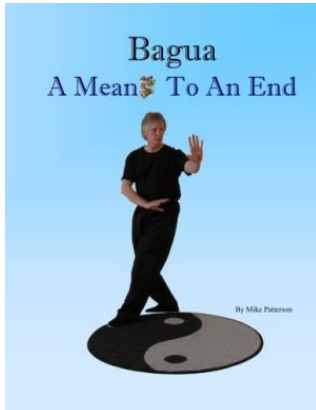


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BAGUA - A MEANS TO AN END (PAPERBACK)



Phk, United States, 2014. Paperback. Book Condition: New. 277 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****.Mike Patterson has released his second offering in the internal martial arts genre. This time the spotlight is on the art of Baguazhang. This second book is again focused on covering the tactical theories, training methods and philosophy, this time of Baguazhang, as a martial art. A bit more information on the health/vitality and cultivation methods found within...

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- Authored by Mike Patterson
- Released at 2014



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