



## Forgiveness: One Step at a Time

By Joseph F. Sica

Twenty-third Publications. Paperback. Book Condition: new. BRAND NEW, Forgiveness: One Step at a Time, Joseph F. Sica, As Christians if we take Jesus seriously we are challenged to embrace forgiveness, one of the most difficult Christian virtues. After twenty-five years of priestly ministry, and after counseling hundreds of people, Father Joe Sica, has concluded that over ninety percent of troubled relationships result from the unwillingness or inability to forgive. Here he offers ten invaluable steps to help you take forgiveness seriously: handling injury; getting stuck in the past; wanting payback; telling everybody about it; waking up; loving confrontation; setting boundaries; patching up; reaping benefits; and moving on. He calls these dance steps and has choreographed them beautifully to connect with Jesus teaching about forgiveness. Each step includes something to learn (path), something to consider (ponder), something to do (practice), and something to say (prayer). Father Joe's stories and anecdotes give life to his message and illustrate the inner peace and freedom that true forgiveness brings.



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